

The logo for Life Bridge Christian Church features a blue arch above the text. The word "Christian" is written in a smaller font and has a blue cross symbol integrated into the letter 'i'.

# Life Bridge Christian Church

## How to Use This SOAP Bible Study Journal

At Life Bridge, we believe God's Word transforms lives when we slow down, listen carefully, and respond faithfully. The SOAP method is a simple and powerful way to engage Scripture intentionally. Whether you are new to Bible study or have been walking with Christ for years, this tool will help you grow deeper in your relationship with Him.

SOAP stands for **Scripture, Observation, Application, and Prayer.**

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### Scripture (S)

Choose a passage of Scripture and read it slowly and thoughtfully. Ask the Holy Spirit to help you understand what God wants to reveal. Write down the verse or verses that stand out to you. Writing the passage helps you focus and internalize God's Word.

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### Observation (O)

Take time to reflect on what the text is saying. Consider the context — who is speaking, who is listening, what is happening, and why it matters. What truths about God, people, or life do you notice? Paraphrase the passage in your own words to ensure you truly understand it.

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### Application (A)

Now make it personal. How does this Scripture apply to your life today? Is there an action to take, an attitude to change, a promise to trust, or a sin to avoid? Be specific. Growth happens when God's Word moves from information to transformation.

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### Prayer (P)

Finish by responding to God in prayer. Ask for wisdom, strength, and guidance to live out what you've learned. Thank Him for speaking through His Word. This is not about perfect words — it's about honest conversation with your Heavenly Father.

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### Final Encouragement

Consistency matters more than length. Even a few intentional minutes each day can deepen your faith and strengthen your walk with Christ. As you practice SOAP regularly, you will begin to see how God shapes your heart, renews your mind, and directs your steps.



Life Bridge Christian Church

DATE: \_\_\_\_\_

THEME \_\_\_\_\_

**SCRIPTURE**

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**OBSERVATION**

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**APPLICATIONS**


**PRAYER REQUESTS**
